

# XIX Grand Prix Pomorza w Biegu na Orientację



**Starzyno**  
**25<sup>th</sup> -27<sup>th</sup>**  
**August 2023**

**Bulletin 0**  
15<sup>th</sup> May 2023 r



## 1. Organizer

Uczniowski Klub Sportowy „Azymut 45” Gdynia  
81-578 Gdynia ul. Wiczlińska 33

## 2. The Date and the place

Starzyno near Puck 25<sup>th</sup>-27<sup>th</sup> August 2023

## 3. Team of Chief Organizers

Manager of the Competition – Agata Porzycz tel. 502-283-461  
Main Referee – Jerzy Porzycz  
Mapper – Krystian Petersburski

## 4. Programme

24.08.2023	Competition Office Open	19.00 – 21.00
25.08.2023	<b>Middle distance</b>	<b>15.30 – 18.00</b>
26.08.2023	<b>Long distance</b>	<b>10.00 – 14.00</b>
	Accompanying Event	14.00 – 18.00
27.08.2023	<b>Middle distance</b>	<b>09.30 – 13.00</b>
	Prize giving ceremony	12.30

## 5. Competition Office

24.08 (Thursday) 20.00 – 21.00

Szkoła Podstawowa, 84-100 Darżlubie, ul. Pucka 74

<https://goo.gl/maps/tvWrcsxAksdmrwJ66>

25.08 (Friday) 12.30 – 14.30

Competition Centre, Starzyno

<https://goo.gl/maps/kuJPFYmidBWtmLrx6>

**26.08** (Saturday) 9.00 – 10.00  
Competition Centre, Starzyno

**27.08** (Sunday) 9.00 – 10.00  
Competition Centre, Starzyno

## **6. Maps**

Updated July 2023

## **7. Terrain**

An interesting micro-relief, mostly a well runnable area, partly with difficult visibility, with a dense network of roads, sometimes wet. Elevation difference up to 15 meter.

## **8. Classes**

*Sports:*

W10N, W10, W12, W14, W16, W18, W20, W21E, W21S, W35, W40, W45, W50, W55, W60, W65, W70, W75+

M10N, M10, M12, M14, M16, M18, M20, M21E, M21S, M35, M40, M35-44S, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+

*Popularizing*

- Family (Rodzinna)
- Short (Krótka)
- Middle (Średnia)
- Long (Długa)

## **9. Accomodation and Food**

At school 5 km from the center of the competition in days 18<sup>th</sup> -27<sup>th</sup> August:

- In classroom – bed with bed linen;
- In Sports Hall – hard floor with own equipment;
- Full board at school.

## **10. Trainings**

We offer you the possibility to join our trainings in days 21<sup>st</sup>, 22<sup>nd</sup>, 23<sup>rd</sup>, 24<sup>th</sup> August

## **11. Remarks**

- The competition will be held in accordance with the applicable regulations on the epidemiological situation;
- Players take out their own insurance;
- Entry into the competition is equivalent to acceptance of the provisions of the newsletter and Consent to the processing of personal data and image for organizational purposes.