

# Polish Championship in TrailO 2025

# Bulletin



Gołęb, 15-16.03.2025

## Organisers:

Polish Orienteering Federation  
UKS „Azymut 45” Gdynia

## Date, place:

Gołąb, 15-16.03.2025 r.

## Officials:

Event director: Hanna Przeszłowska  
Chief Arbiter: Krystian Petersburski, phone: +48 887 028 330  
Course setter: Krystian Petersburski  
Map maker: Krystian Petersburski  
Jury: Jacek Wieszaczewski, Maciej Urbaniak, Bartłomiej Mazan

## Teren:

Terrain flat with small hills, visibility very good, no significant climbs on course.

Link to map with localizations of EC and stages:

<https://www.google.com/maps/d/u/0/edit?mid=1x2fQgZCL0KbvbpQ-zhJ3lNf5cew6nP8&usp=sharing>

## Schedule:

14.03.2025	Event Office open	19:00 - 21:00
15.03.2025	<b>PreO</b>	<b>11:00 - 15:30</b>
16.03.2025	<b>TempO</b> Price-giving ceremony	<b>09:00 - 12:30</b> 13:00

## Event Centre:

**14.03** (Friday) 19.00 – 21.00  
Primary School, ul. Puławska 32, 24-100  
Gołąb, entrance from Szkolna street  
<https://maps.app.goo.gl/FLgqveTysgKKgQc2A>

**15.03** (Saturday) 10:00 - 11:00  
On a field just outside of Gołąb  
<https://maps.app.goo.gl/ns554u2XbbDqJ9t2A>

**16.03** (Sunday) 08:00 – 09:00  
Football pitch of Hetman Gołąb, 24-100  
Studzienice  
<https://maps.app.goo.gl/xTZx2dT4wwfKMTYo6>



## Classes:

Open, Para

## Oplaty:

	PreO	TempO
Open, Para	10€/45PLN	10€/45PLN

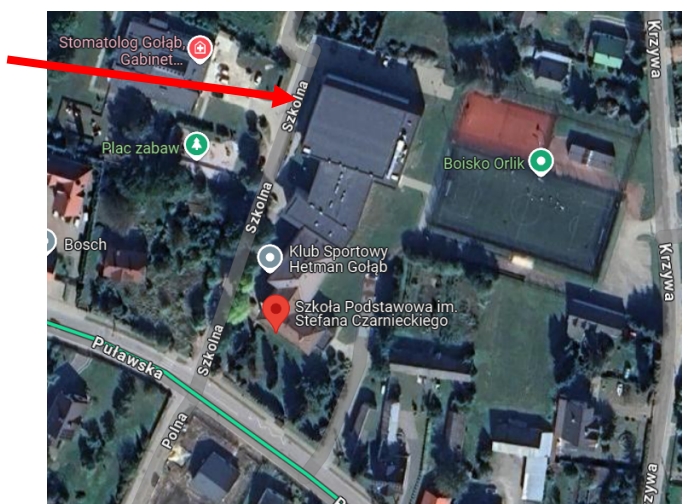
Payment only by cash in EC.

## Zakwaterowanie

There is possibility to stay on a floor in the gym at Primary School in Gołąb between 14-16.03.2025. Cost 25PLN/night (6€/night). Showers will be accessible. You need your own sleeping bag and mattress (there will be gymnastics mattresses available).

“Check in” from 18:00 on Friday 14.03, “Check out” 11:00 on Sunday 16.03. Please take all your belonging already with you to TempO so it’ll be easier for organizers.

**Same entry as  
to EC**



## PreO:

Map: „Żółtym do stacji”, January 2025

Scale: 1:3000, contours 1m

Length: 31 punktów, 340m

Limit: Open 102min, Para 110min

Punching: Toe Punch



EC and Parking: EC on a field. Toilet available. Parking available in EC but if you stay in Gołąb please walk, it’s not that far :)

Access: EC – Start (120m)  
 Finish – time controls (50m)  
 time controls – EC (320m)

Form of event: Due to the fact that there will be a lot of controls on a small area, on a paper there will be 2 same pieces of map one over another. To help competitors, on upper piece of map there will be even numbered controls and on lower piece of map will be odd ones. After the course there will be 2 timed controls with 3 tasks each, and max time 90 sec. Chips will be provided on start. For controls with only one flag there will be no decision point. Toe Punch boxes for that controls will be located on a next control with more that one flag.

In case of Toe Punch malfunction make a hole in control descriptions as showed on a picture below.

Example:

Control 1 answer punched: BRAVO

Control 2 answer punched: ALPHA

Control 3 answer punched: ZERO

	A	B	C	D	E	Z
1	A-C	×	∩			
2	A×C		V			Q
3	A-C		•			×

Pins will be available in EC.

**TempO:**

Map: „Piaski”, January 2025

Mapper: Krystian Petersburski

Scale: 1:3000, contours 1m



length: 8 stations with 5 tasks each, 600m

EC and Parking: EC on football pitch. Dressing room and toilets available. Parking next to EC.

Access: EC – start (650m)  
 Station 8 – EC (950m)

Form of event: Before the start, competitors are obligated to take backup cards from EC. On the back of them, there will be written starting number. Please show it to marshals on stations to quicken all procedures. One the last station backup cards will be collected and given back with solution maps. Diameter of maps is 6cm.

**Zero tolerancja:**

For every stage 4m.

**Start lists, results:**

Start list can be found here: <https://top.yq.cz/event/mistrzostwa-polski-w-op-2025>

Live results will be published 5 minutes after last start on each stage.

If you have any questions feel free to ask me via email or Facebook.

**See you in Gołęb.**