

XV Grand Prix Pomorza w Biegu na Orientację

Sopot 2019

Bulletin Nr 1

01.07.2019



WOJEWÓDZTWO
POMORSKIE

Sopot 23th-25th August 2019

1. Organizer

Uczniowski Klub Sportowy „Azymut 45” Gdynia
81-578 Gdynia ul. Wiczlińska 33

2. Co-organizers

- Polski Związek Orientacji Sportowej
- Urząd Marszałkowski Województwa Pomorskiego
- Nadleśnictwo Gdańsk

3. The date and the place

Sopot 23th -25th August 2019

4. Zespół głównych organizatorów

Manager of the Competition - Irena Piotrowska

Main Referee - Agata Porzycz tel. 502-283-461

Course Planner - Jerzy Porzycz (first, third day), Maciej Hewelt (second day),
Cooperation

- Radosław Piotrowski (first day)

Mapper - Jacek Morawski

5. Programme

22.08.2019	Competition Office Open	19.00 - 21.00
23.08.2019	Competition Office Open middle distance	12.00 - 14.30 15.30 - 18.00
24.08.2019	long distance accompanying event	10.00 - 14.00 17.00 - 20.00
25.08.2019	Long distance shortened (handicap) prize giving ceremony	09.30 - 13.00 12.30

6. Form of the Competition

Three Day individual competition, total results after three day. Third day handicap start.

7. Competition office

22.08 (Thursday) w godz. **19.00 - 21.00**

Zespół Szkolno Przedszkolny nr 3, Gdynia Dąbrowa, ul. Nagietkowa 73

<https://goo.gl/maps/itbfqgLLY3T2>

23.08 (piątek) w godz. **12.00 - 14.30**

Competition Centre

Sopot Łysa Góra, Herberta 9 Street

<https://goo.gl/maps/nvC7tZGKVeV1tn8u7>

8. Maps

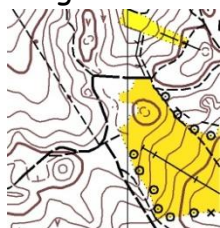
updated July 2019

Scale 1:10000, 1:15:000 - second day for the category KM16-KM21, e -5m

9. Terrain

Terrain diversified. przewyższenia do 70m; moraine area; dense network of roads; crossroads in most areas very good and good.

Fragments of maps:



10. Classes

Sports:

K10N, K10, K12, K14, K16, K18, K20, KE, K21, K35, K40, K45, K50, K55, K60, K65, K70+

M10N, M10, M12, M14, M16, M18, M20, ME, M21, M35, M40, M45, M50, M55, M60, M65, M70, M75, M80, M85, M90+

Popularizing

- Family (Rodzinna)
- Short (Krótka)
- Middle (Średnia)
- Long (Długa)

11. Entries

should be made before **14.08.2019** roku (Wednesday) via the form PZOS <https://orienteering.org.pl/pzos/entries> or by e-mail

gppomorza@gmail.com

12. Entry Fee

Popularizing classes	30,00 PLN	or 10,00 PLN/stage
K/M10N K/M10 - K/M16	50,00 PLN	or 20,00 PLN/stage
K/M 18 >	90,00 PLN	or 40,00 PLN/stage
SI card rental	3,00zł/stage	
los SI card	150,00 PLN	

Entering after deadline will cost 50% more.

The entry fee must be transferred into the account of the organizer.

There will be possibility to pay in cash in the Office.

UKS „Azymut 45” Gdynia
81-578 Gdynia ul. Wiczlińska 33
Santander Bank Polska
IBAN: PL6110901102000000115221619
SWIFT WBKPPLPP

13. Punching system

SPORTIdent Air+ punching system will be used

14. Accomodation

at school (10 km from the center of the competition):

- hard floor with own equipment 15,00 PLN person/night
- beds with bed linen 26,00 PLN person/night

15. Food

- full board at school - 36,00PLN
- lunch at school - 18,00PLN
- breakfast at school - 9,00PLN
- dinner at school - 9,00PLN
- lunch at the center of the competition - 22,00PLN

16. Trainings

we offer you the possibility to join our trainings on SI Punching System in days 19th -22th August - in the price 10PLN/training/person

17. Prizes

best three in each class: diplomas and prizes

best three in 21E class: many prizes

At the prizegiving ceremony prizes will also be drawn for a number of competitors entered and present.

18. Remarks

- An organizer provides the medical care during each stage
- Up-to-date medical check-ups are applying to competitors
- At the center of the competition, you are an active kindergarten
- At the center of the competition a buffet and a grill provided for competitors and visitors
- Entry into the competition is equivalent to acceptance of the provisions of the newsletter and Consent to the processing of personal data and image for organizational purposes

Please book the accommodation and food by email until

14.08.2019 to:

gppomorza@gmail.com